



Stanwick Lakes...
...a breath of fresh air

**5km Family St George's Day Fun Run
&
10km St George's Day Run**

24th April 2011 at Stanwick Lakes

Enter online at www.ultramarathon.org.uk or via the registration form on the reverse of this leaflet.

5km run is open to ages 7+ with the start at 10:00, entry £8.50 per affiliated runner, £10.50 un-affiliated

10km run is open to ages 15+ with the start at 10:00, entry £15.00 per affiliated runner, £17.00 un-affiliated

MEDAL TO ALL FINISHERS AND A DRAGON FOR THE FIRST MALE & FEMALE RUNNER IN EACH RACE!

This is an Association of Running Clubs accredited event

Places are strictly limited so enter now to avoid disappointment

Further details available from www.ultramarathon.org.uk or
07791-175698

Stanwick Lakes is situated off the Stanwick roundabout on the A45 in East Northamptonshire





ST Georges Day Race Entry

Race Entered 5km £8.50 affiliated/£10.50 unaffiliated
 (please tick) 10km £15.00 affiliated/£17.00 unaffiliated

NOTE: Runners who are not members of an official running club must pay the higher fee as per Association of Running Club regulations

Note: The 5km race is only open to competitors aged 7+ on race day
 The 10km race is only open to competitors aged 15+ on race day

Surname	
First Name	
Date of birth	
Age on race day	
Address line 1	
Address line 2	
Town	
Postcode	
Contact Number	
E-mail address	
Running Club name/number	

DECLARATION:

A signed entry form will be considered as an acceptance of Stanwick Lakes general site rules and a declaration that you will compete on foot and run entirely at your own risk. Neither Stanwick Lakes or Ultramarathon accept any responsibilities for loss or damage to equipment or injury during the event. Cars and their contents are parked entirely at the owners risk. Dogs will not be allowed to accompany competitors and following cycles will not be allowed. The site will be open to general non-race going visitors and allowance must be made by runners for this.

Parents or Guardians to sign for all entrants under 16 years of age.

Signed:	Date:
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I enclose a large (A4) SAE and a cheque payable to 'Ultramarathon' to the value of £
If you have a medical condition that you wish to inform the organisers of, tick here <input type="checkbox"/> and list on a separate sheet.
Data Protection: If you do not wish your details to be passed on to a third party, including other running related organisations, please tick this box <input type="checkbox"/>
Please return this form, your payment and SAE to: Ultramarathon, 17 DeFerneus Drive, Raunds, NN9 6SU