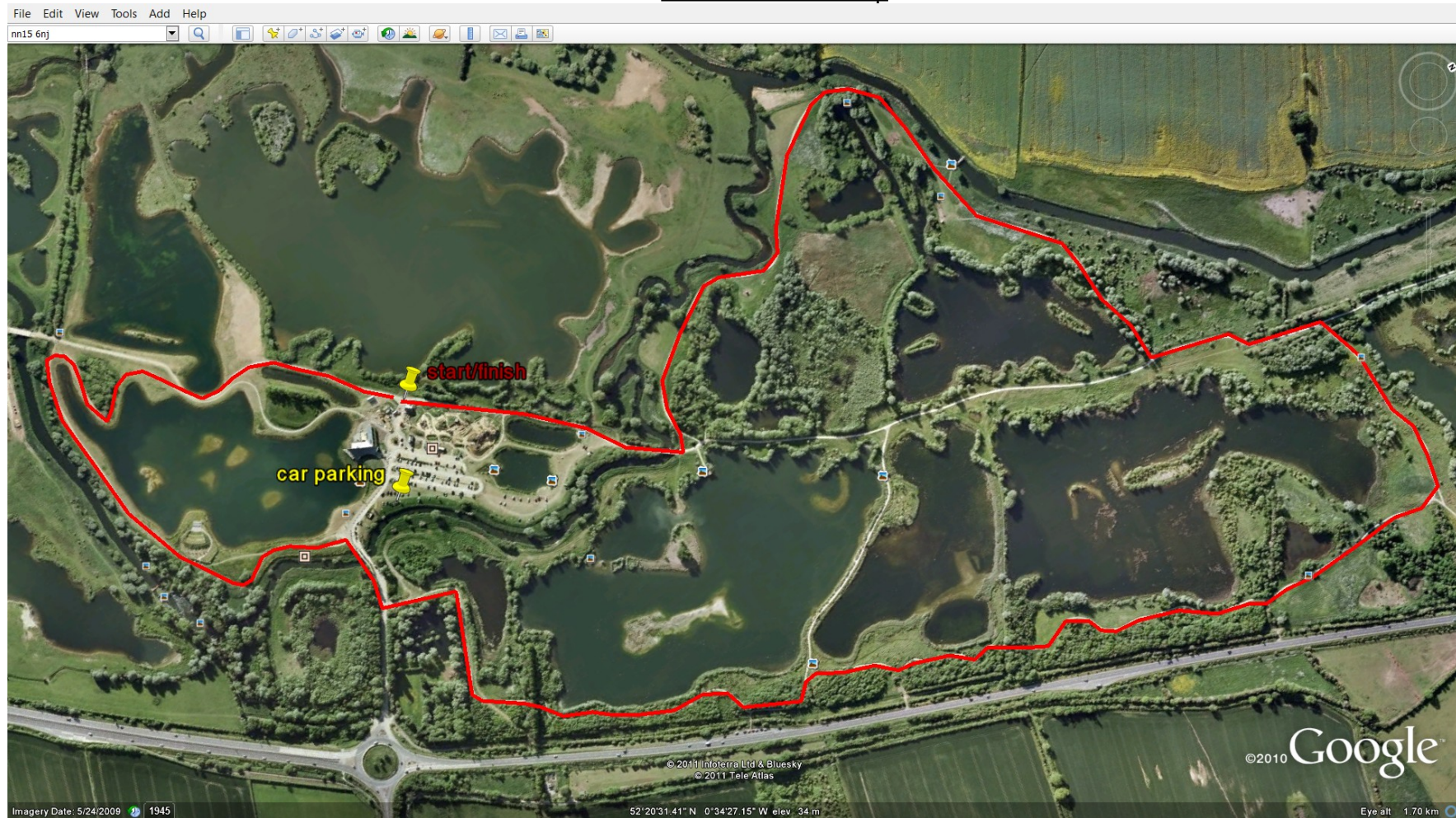
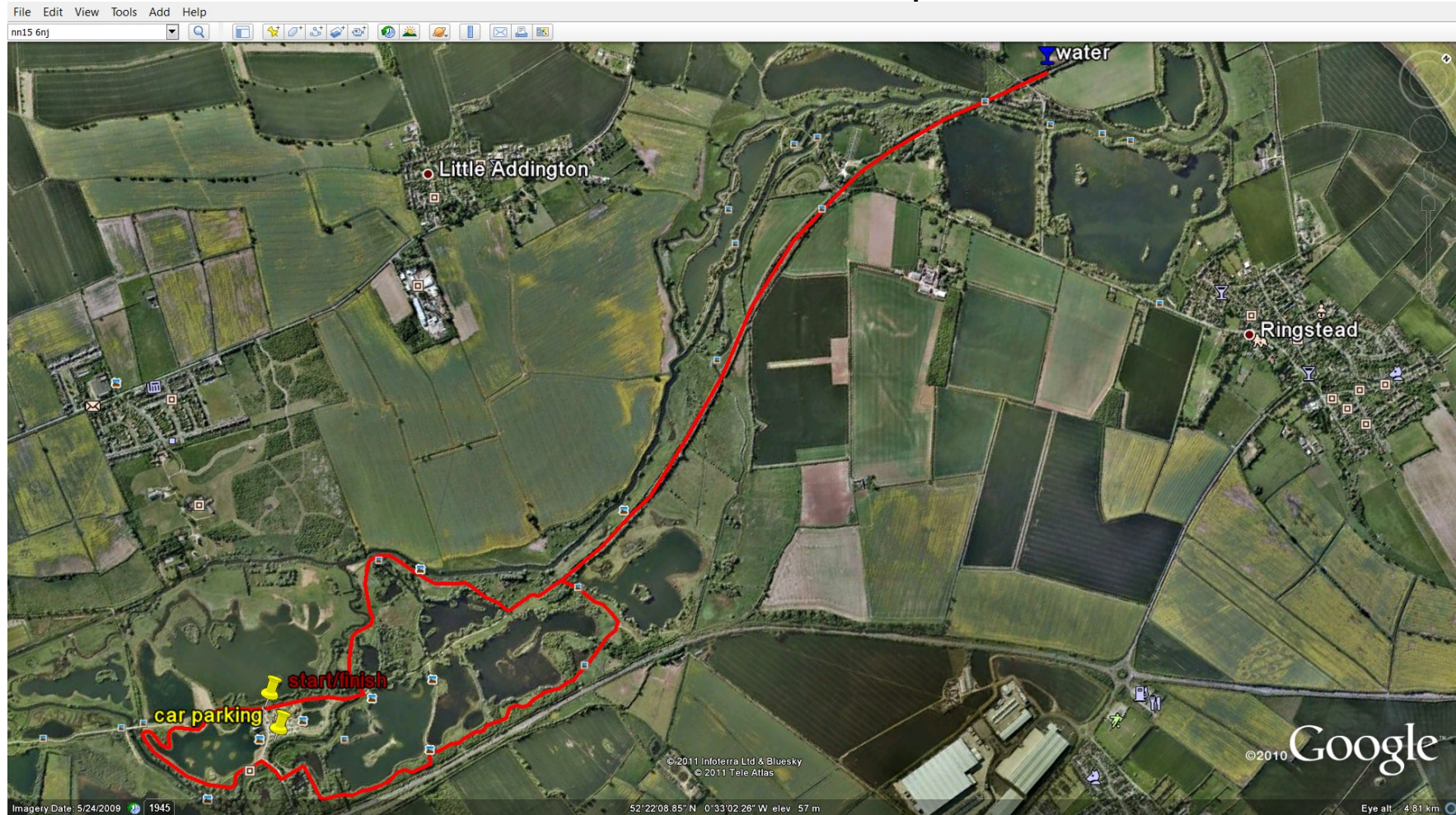


5k & 10k course map



Please note that the 5k route is one lap, 10k is 2 laps of the above course which will be run in a clockwise direction. Water will be available at the start/finish line which also constitutes the halfway point on the 10k run. This course is marked in kilometres.

Half marathon course map



Please note that the half marathon route is a 2 lap course run in a clockwise direction. Water will be at the start/finish and also at the turnaround point as indicated; you will not run more than 3.25 miles before reaching water. This course is marked in miles.